

# Use Your Power of Command for Spiritual Cleansing and Protection

Your words have power. They can create, they can destroy, and they can heal.



## Use Your Power of Command for Spiritual Cleansing and Protection (Energy HEALING Skills for the Age of Energy Book 1) by Rose Rosetree

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When you speak words of power, you are using your voice to direct energy. This energy can be used to cleanse your aura, protect your body, and heal your mind, body, and spirit.

In this article, we will explore the power of your spoken words and how you can use them to create a positive and protected environment for yourself.

## The Power of Affirmations

Affirmations are positive statements that you repeat to yourself on a regular basis. They can be used to change your mindset, improve your self-esteem, and attract positive experiences into your life.

When you speak affirmations, you are programming your subconscious mind to believe them. Over time, this can lead to significant changes in your thoughts, feelings, and actions.

Here are some examples of affirmations that you can use for spiritual cleansing and protection:

- I am a powerful being of light.
- I am surrounded by a protective shield of white light.
- I am cleansed of all negative energy.
- I am safe and protected from harm.
- I am filled with love and light.

## **The Power of Mantras**

Mantras are sacred words or phrases that are repeated over and over again. They can be used to focus the mind, promote relaxation, and connect with the divine.

When you chant a mantra, you are creating a powerful vibration that can resonate throughout your body and mind. This vibration can help to clear away negative energy, promote healing, and bring you closer to your spiritual source.

Here are some examples of mantras that you can use for spiritual cleansing and protection:

- Om
- So Hum
- Hare Krishna
- Om Namah Shivaya
- Om Shanti

## **The Power of Prayers**

Prayers are a way of communicating with your higher power. They can be used to ask for guidance, protection, and healing.

When you pray, you are connecting with a source of love and power that is greater than yourself. This connection can help you to feel safe, supported, and guided.

Here is an example of a prayer that you can use for spiritual cleansing and protection:

Dear God, I ask for your protection and guidance. Please help me to cleanse my aura and remove any negative energy that may be attached to me. I ask that you surround me with a protective shield of white light. I am grateful for your love and support.

## **Using Your Power of Command**

When you speak words of power, it is important to do so with conviction and authority. This will help to amplify the energy of your words and make them more effective.

Here are some tips for using your power of command:

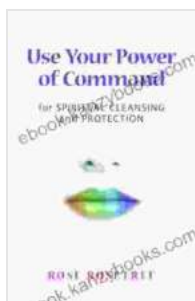
- Speak your words clearly and distinctly.
- Put emotion behind your words.
- Believe in the power of your words.
- Repeat your words as often as necessary.

By following these tips, you can use your power of command to create a positive and protected environment for yourself.

Your words have power. Use them wisely to create a life filled with love, light, and protection.

I hope this article has been helpful. If you have any questions, please feel free to contact me.

Namaste



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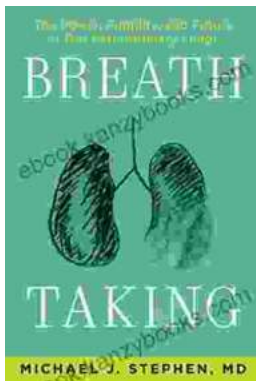
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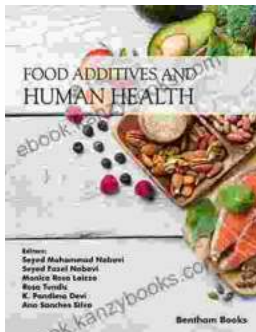
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