COVID-19: Separating Fact From Fiction

The COVID-19 pandemic has been a time of great uncertainty and misinformation. With so much conflicting information out there, it can be difficult to know what is true and what is not. This book aims to help you separate fact from fiction about the virus, its transmission, and its prevention.



COVID-19: Separating Fact from Fiction by Lasting Happiness

★ ★ ★ ★ 4.7 out of 5 : English Language File size : 1397 KB Text-to-Speech : Enabled Screen Reader : Supported Enhanced typesetting: Enabled : Enabled X-Ray Word Wise : Enabled Print length : 254 pages



What is COVID-19?

COVID-19 is a respiratory illness caused by the SARS-CoV-2 virus. It was first identified in Wuhan, China, in December 2019. The virus can spread from person to person through close contact, such as coughing, sneezing, or talking.

Symptoms of COVID-19

The most common symptoms of COVID-19 are fever, cough, and shortness of breath. Other symptoms can include fatigue, muscle aches, headache,

sore throat, loss of taste or smell, and diarrhea.

How is COVID-19 transmitted?

COVID-19 is primarily transmitted through close contact with an infected person. The virus can be spread through respiratory droplets that are produced when an infected person coughs, sneezes, or talks. These droplets can land in the mouths or noses of people who are nearby or they can be inhaled.

Who is at risk for severe illness from COVID-19?

People who are at risk for severe illness from COVID-19 include:

* Older adults * People with underlying medical conditions, such as heart disease, lung disease, or diabetes * Pregnant women * Immunocompromised people

How to prevent COVID-19

There is no specific cure for COVID-19, but there are steps you can take to prevent infection. These steps include:

* Washing your hands frequently with soap and water for at least 20 seconds * Using hand sanitizer if soap and water are not available * Avoiding touching your face * Staying home if you are sick * Covering your mouth and nose when you cough or sneeze * Getting vaccinated against COVID-19

The COVID-19 pandemic has been a challenging time, but it is important to remember that we are all in this together. By following the advice of public

health officials and taking steps to protect ourselves and others, we can help to slow the spread of the virus and save lives.



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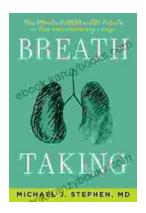
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